



2025 OS CAMP REPORT - PALESTINE

IN AMMAN, JORDAN

Prepared By:

WT Development &
Education Department

Supported By:

IOC Olympic Solidarity

Camp Duration:

13 -21 July 2025

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1. Introduction



Background

To support the development of Taekwondo in Palestine, the 2025 Olympic Solidarity Camp was launched as a capacity-building initiative designed to provide young athletes and coaches with access to high-level training and international exposure.

Due to ongoing local challenges in Palestine, including limitations in hosting large-scale events, the camp was held in neighboring Jordan. This relocation allowed athletes and coaches from both Palestine and Jordan to train together in a supportive environment, fostering regional cooperation, mutual understanding, and shared learning experiences.

Objectives

The camp aimed to enhance the technical skills and international experience of young athletes and coaches through high-quality training. It also focused on improving coaching capacity through hands-on learning and exchange.

In addition, the program promoted regional collaboration and laid the groundwork for long-term athlete development in preparation for the Dakar 2026 Youth Olympic Games and the LA 2028 Olympic Games. The initiative reflected a shared commitment to empowering youth through sport and building a stronger Taekwondo community in the region.

1. Introduction



Overview

The 2025 Olympic Solidarity Camp took place from 13 to 21 July 2025 in Amman, Jordan, bringing together 18 athletes and 2 coaches from Palestine, as well as a total of 58 athletes and 8 coaches from Palestine, Jordan, Iraq (one-day participation), and THF (Azraq and Zaatari Refugee Camp).

The camp was led by Professor Jeongwoo JEON (Kyung Hee University) and Coach Dongwan LEE, a two-time gold medalist at the 1995 and 1997 World Taekwondo Championships. Their expertise and guidance significantly enriched the quality of the sessions and contributed to the overall success of the camp.

Organizers & Partners

It was organized by World Taekwondo (WT) in partnership with the International Olympic Committee (IOC) Olympic Solidarity (OS).

WT donated a Taekwondo Protector and Scoring System (PSS) to support the Palestine Taekwondo Federation beyond the event. KPNP also contributed as a sponsor by providing training t-shirts for all participating athletes. This collaboration reflects a shared commitment to empowering young athletes and strengthening Taekwondo development in the region through international cooperation.

2. Opening & Closing Ceremony

Opening Ceremony

On 13 July 2025, the Opening Ceremony was held at the Hall of the Jordan Paralympic Committee, attended by the President of the Palestine Taekwondo Federation, the Secretary General of the Jordan Taekwondo Federation, delegates from the Iraq Taekwondo Federation, as well as WT Deputy Secretary General Seungmin Lee and WT OS coaches. The delegates' speeches were inspirational and encouraging for the athletes.

Closing Ceremony

On 21 July 2025, the Closing Ceremony was held with representatives from the participating federations. The ceremony acknowledged the athletes' dedication throughout the camp, expressed appreciation for their commitment to growth, and conveyed hopes for their continued success and development in their future careers as athletes.



3. Participants - Palestine

The Palestine Taekwondo Federation, affiliated with World Taekwondo since 1989, is the national governing body for the sport of taekwondo in Palestine. Under the leadership of President Mr. Bashar Saleh and Secretary General Mr. Tahseen Abuzaideh, the federation oversees athlete development, competitions, and international representation.

A major milestone in the federation's history was achieved in March 2024, when Omar Yaser Ismail qualified for the Paris 2024 Olympic Games, marking the first time a Palestinian athlete earned a direct spot in any Olympic combat sport.



Mohamed Sleem (Head Coach)

"The most important part of the camp was the balance between physical training, technical skills, and tactical work. I believe commitment is the key to success.

After each session, I spoke with the athletes about what they learned. Their feedback was inspiring and kept everyone motivated. We also talked about how to continue applying what we gained after the camp.

The camp was very well organised. I really appreciated the structure of the training plan and the positive energy from the coaching staff. I plan to develop the training plan into a 40-day programme before our next competition. I'm confident this will help us achieve better results.

Most importantly, having such an experienced WT coaching team gave our athletes great confidence. I believe this experience will have a lasting impact on our team."



Athletes - Palestine

Mohammed Wahdan (M/59kg/DoB:2009-10-09) - "This camp helped me improve my basic skills and physical fitness. I learned a lot by interacting with players from different cultures."

Mohammed Shaikh (M/74kg/DoB:2006-10-12) - "I benefited a lot from the expertise of the trainers and worked on improving my physical abilities. Interacting with other players gave me valuable experience. I'm looking forward to applying what I've learned and continuing to develop as I prepare for the upcoming competition."

Bisan Salim (F/51kg/DoB:2010-09-22) - "I learned a lot from the coaches and other players during this camp. It helped me improve physically and understand different cultures. I'm aiming to achieve something meaningful at the Asian Championship."

Yara Albandak (F/45kg/DoB:2012-11-23) - "This camp helped me learn from new coaches and champions while improving my physical capacity. It increased my motivation and expertise, and I'm now more focused on developing my skills to reach future goals."

Mohammed Isleem (M/51kg/DoB:2008-08-28) - "I enjoyed the cultural exchange with others. This experience supported my personal growth and motivated me to keep developing in order to achieve future success."

Yousef Alassa (M/55kg/DoB:2009-08-16) - "This camp allowed me to meet new people and gain valuable experience. I improved my physical abilities and enjoyed the exchange of cultures and ideas. I plan to keep training what I've learned to reach my goals.."

**Names are listed top to bottom in the same order as appear left to right in the photo.*



Athletes - Palestine

Abrar Saleh (F/49kg/DoB:2005-10-31) - "Training with world-class WT coaches was the most memorable part for me. I improved both physically and mentally—especially in speed, accuracy, and tactical thinking. This camp helped me see my weaknesses."

Rahaf Yaseen (F/49kg/DoB:2008-10-09) - "The new training methods helped me improve my physical abilities. Training with others pushed me to perform better, and I'm now focused on achieving success at International competition."

Miar Qabaha (F/49kg/DoB:2003-06-05) - "I improved technically, physically, and in self-discipline through this camp. I gained valuable experience and am now preparing for the World Championships."

Yaqin Faraj (F/53kg/DoB:2006-05-04) - "This camp helped me grow as a female athlete, improving my skills, discipline, and confidence. I'm committed to continuing this path, aiming for the 2028 Olympics and proving that sport is for everyone."

Nouraldin Abu Hattab (M/68kg/DoB:2005-06-02) - "This camp helped me focus on physical preparation and combat basics. I improved physically, learned from other players, and shared the culture and experiences of Palestine."

Ali Shami (M/68kg/DoB:2008-11-11) - "I learned a lot from the coaches. I improved my speed, fitness, and physical skills, and gained valuable experience from others. This camp boosted my motivation to keep pushing and aim for success at the Asian Championship."

**Names are listed top to bottom in the same order as appear left to right in the photo.*



Athletes - Palestine

Mohammed Abuhelwa (M/33kg/DoB:2012-04-24) - "I improved my fitness, discipline, and focus on training. It was also valuable to understand the level of our Palestinian players. This experience increased my motivation and persistence to reach international goals."

Abdelrahman Bsharat (M/45kg/DoB:2011-05-29) - "I appreciated the structured system of the camp. It helped me build experience, endurance, and confidence in expressing myself. I also gained social awareness and better understood others."

Ayham Sweilem (M/61kg/DoB:2011-03-16) - "I learned a lot from the coaches' experience and their focus on our abilities. My physical endurance improved, and I enjoyed learning about other cultures. This camp motivated me to work toward future achievements."

Yazeed Shwaiki (M/41kg/DoB:2012-03-12) - "The camp's organisation and commitment stood out to me. I improved my experience, endurance, and confidence in expression. It also helped me build expertise, which I'll use to achieve future goals."

Hamza Shwaiki (M/33kg/DoB:2015-05-14) - "The diverse and high-quality training made a big impact on me. I improved my muscle strength and gained new motivation to develop myself."

Mohammed Atout (M/59kg/DoB:2001-08-28) - "Training with other players helped me grow and improve physically. I gained strength and new experiences. My goal is to raise the flag of Palestine by achieving success in international championships."

**Names are listed top to bottom in the same order as appear left to right in the photo.*

3. Participants - Jordan

The Jordan Taekwondo Federation has been affiliated with World Taekwondo since its establishment in 1979. The current President is HRH Prince Rashid bin El Hassan, and the Secretary General is Mr Faisal Ismail Abdallat.

Taekwondo is one of the most dynamic sports in Jordan, highlighted by Ahmad Abughaush's historic gold medal in the men's –68kg category at the 2016 Rio Olympic Games—Jordan's first-ever Olympic gold in any sport.



Mohammad Khader (Coach)

"This camp provided high-level training led by international experts and valuable sparring opportunities with athletes from different countries. The cultural exchange boosted team spirit and created a strong learning environment. My athletes improved technically, tactically, and mentally. They gained confidence, adapted to new styles, and became more disciplined and cohesive.

The camp was well-organised, with excellent facilities and smooth coordination throughout. It offered great value in both training and athlete support. I plan to apply the drills, routines, and mental strategies into our programme and seek more international exposure going forward.

In the long term, this experience will raise our national team's level and help develop future champions."



Athletes - Jordan

Juman Hamoudeh (F/63kg/DoB:2010-03-27) - "The sunrise training was the most memorable moment for me—it was beautiful and inspiring. I became more disciplined, especially with warm-ups and recovery. Watching others stay focused motivated me to stop making excuses."

Joud Akhlefat (F/44kg/DoB:2009-04-28) - "Landing a kick I had been practising all week was the highlight of this camp—it felt amazing. I became more confident in my abilities and was inspired by others' dedication to push myself harder. This camp gave me a clear strategy to improve my ranking."

Zain Hassan (F/44kg/DoB:2010-04-17) - "Training with international coaches was the most memorable part of the camp. My reaction time in sparring improved a lot, and I realised I need to push myself harder to reach that level. My goal is to qualify for the upcoming regional games, and this camp helped me prepare mentally."

Baelasan Alia (F/55kg/DoB:2010-04-22) - "The most memorable moment was when everyone cheered for each other, no matter the team or country. I strengthened my mental toughness during sparring and realised the importance of training with stronger athletes. This camp inspired my dream of becoming a coach in the future."

Zaina Samara (F/59kg/DoB:2010-07-26) - "The best part of the camp was making new friends. I learned how to manage my nerves before matches and was reminded of my love for the sport by seeing others' passion. This camp gave me a plan to stay consistent in training."

**Names are listed top to bottom in the same order as appear left to right in the photo.*



Athletes - Jordan

Mohammad Alkhaledi (M/68kg/DoB:2009-02-16) - "I'll never forget the opening ceremony—it was a powerful moment. My endurance improved a lot, and I gained a deeper respect for cultural differences and each athlete's journey. I'm now committed to focusing on my diet and recovery, knowing they're key to success."

Amro Hindi (M/59kg/DoB:2009-09-03) - "The most memorable moments were when coaches gave me personal feedback. I improved my sparring tactics and footwork, and the experience motivated me to dream bigger and aim for international competitions. This camp helped me identify my weaknesses and focus on training smarter."

Husam Aldaset (M/48kg/DoB:2010-03-27) - "I loved the team-building activities—they really brought us closer. I became mentally stronger and more focused, and seeing other athletes' discipline inspired me to change my daily routine. This camp showed me what it takes to make the national team, and that's now my goal."

Abdullah Alkhateeb (M/68kg/DoB:2008-04-23) - "Learning new drills I had never tried before was the highlight of this camp. My agility and speed have improved, and seeing others' passion deeply motivated me. I now want to join more camps like this to keep growing and improving."

Alaa Aldradkeh (M/55kg/DoB:2009-09-14) - "I've improved my flexibility and refined my techniques. Meeting athletes from around the world reminded me that hard work is universal. This camp has prepared me to pursue my goal of winning the upcoming national championship."

**Names are listed top to bottom in the same order as appear left to right in the photo.*



Athletes - Jordan

Laith Dakhallallah (M/73kg/DoB:2010-04-28) - "The sparring sessions were the most memorable part of the camp—I challenged myself against strong opponents and learned from different coaches. I've become faster and more confident in my kicks and combos, and my stamina has improved through intense training. This camp helped me focus on improving my footwork."

Omar Fares Nofal (M/59kg/DoB:2011-12-14) - "I gained better control over my breathing and movements, and realised that success comes from consistent effort, no matter where you're from. This camp gave me the push I needed to stay motivated throughout the year."

Taleen Ahmad Ali Sanad (F/55kg/DoB:2011-05-23) - "The most memorable part of the camp was making new friends and training together like a family. I improved my flexibility, kicking accuracy, and control during sparring. Seeing how hard other girls trained inspired me to believe in my own potential."

Mohammad Dar Ali (M/73kg/DoB:2009-05-26) - "Competing in front of everyone during the camp tournament was the highlight for me. I learned better timing in my attacks and gained a broader view of what's possible in Taekwondo. My goal is to train abroad one day, and this camp showed me that I can adapt and grow anywhere."

Yamin Almnaseer (M/45kg/DoB:2009-03-22) - "Winning my sparring matches was the most memorable part—it felt like all my hard work paid off. I've improved my stamina and kicking speed, and meeting athletes from other countries showed me how much more there is to learn."

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3. Participants - THF

The Taekwondo Humanitarian Foundation (THF) was introduced to the world by WT President Dr. Chungwon Choue at the UN Headquarters in 2015, and has been recognized since 2016 as a non-profit foundation of public utility under Swiss law. THF's core mission is to use taekwondo and educational tools to empower displaced people—especially children and youth in refugee camps—promoting peace, health, education, sustainability, gender equity, and Olympic values.

In this Olympic Solidarity camp, 13 THF refugee athletes participated, including 7 from Azraq Refugee Camp and 6 from Zaatari Refugee Camp in Jordan.



Ahmad Okaidat
(Technical Director of Azraq and Zaatari Refugee Camp)

“One of the biggest highlights for us was having distinguished coaches from WT supervising the camp. Our athletes really grew by being exposed to different experiences and learning new styles and methods from various coaches.

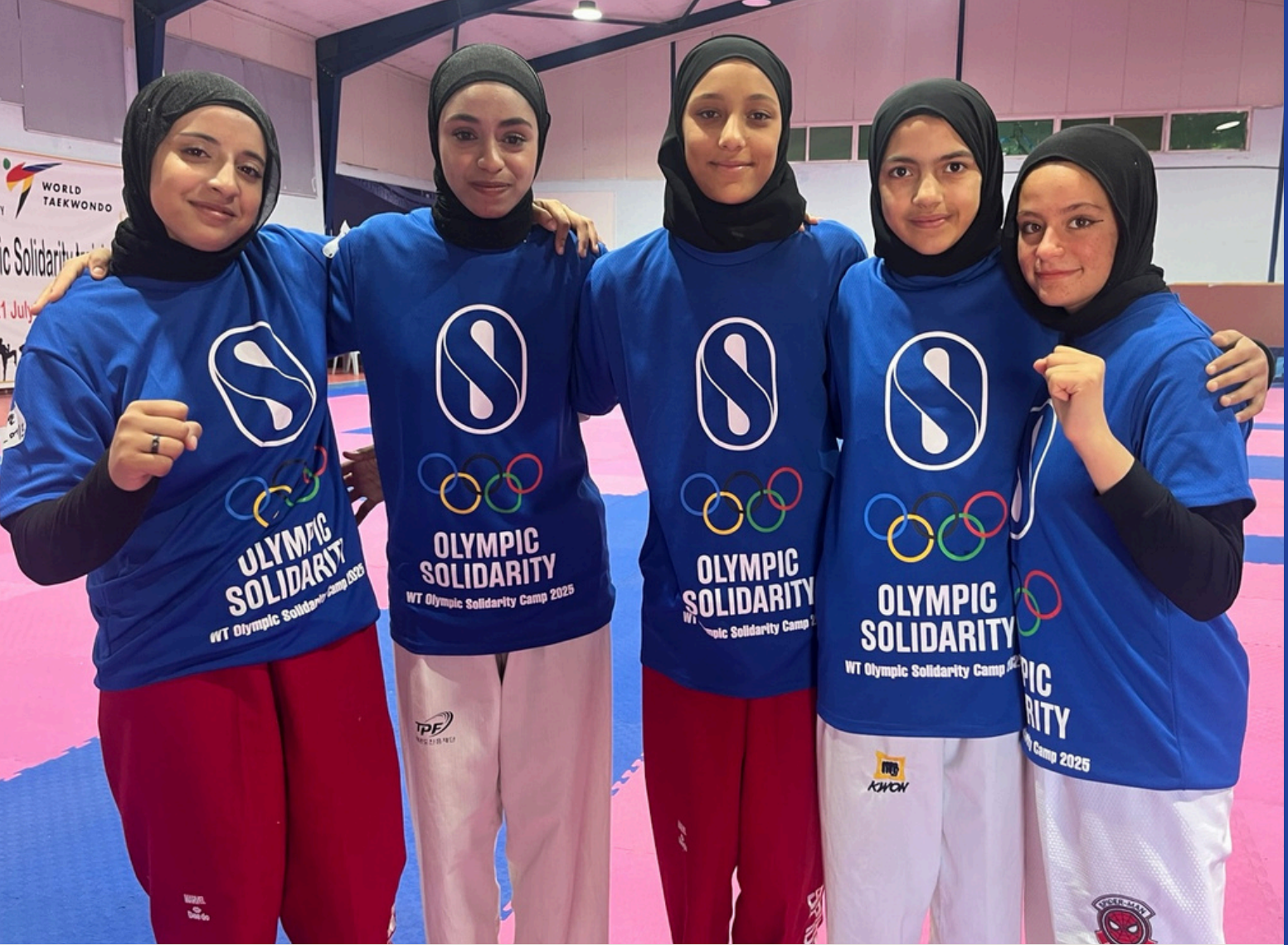
Going forward, we plan to share what we've learned here with all the players in the Zaatari and Azraq camps. The new training methods we gained from this experience at the Palestine OS Camp 2025 will definitely be applied.”



Shehab
(Coach of Azraq Refugee Camp)

“This camp created a strong environment that supported athletes physically, technically, mentally, and socially. The camp marked a shift from traditional to professional-level training. While the organisation and facilities were good overall, having a physiotherapist, first aider, and specific equipment in advance would have been helpful.

In the long term, this experience will help improve team performance.”



Athletes - THF

Aya Morad Al-Ahmad (F/60kg/DoB:2010-01-25/Azraq) - "What made this camp special was learning from professional instructors and connecting with athletes from different backgrounds. Intensive training and personalised guidance helped me improve my skills."

Kafa Ali Al-Mobarak (F/52kg/DoB:2010-11-19/Zaatari) - "I developed my fighting skills through intensive training and improved overall performance. Meeting athletes from different backgrounds boosted my motivation and gave me new insights. My goal now is to keep improving and achieve great results in future tournaments by addressing my weaknesses and pushing to higher levels."

Ashwaq Al-Sakka (F/49kg/DoB:2010-01-01/Zaatari) - "Through intensive and customised training, I improved my skills—especially in physical preparation for combat. Meeting other athletes boosted my motivation. My goal is to enhance my performance and achieve better results in upcoming tournaments by addressing the weaknesses."

Gazal Fawaz Othman (F/41kg/DoB:2012-09-01/Zaatari) - "The most special part of this camp was the group training, which helped me improve my overall performance. My fighting skills developed noticeably, and the energy and excitement of the sessions inspired me to sharpen my athletic goals. After this camp, I aim to continue improving in my performance."

Ranim Abdel Nasser (F/47kg/DoB:2011-01-01/Azraq) - "This camp gave me the chance to learn from professional instructors and connect with athletes from different backgrounds. Intensive training helped me improve my skills, especially in physical preparation for combat."

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Athletes - THF

Zain Fahed Al-Ahmad (F/36kg/DoB:2011-06-29/Azraq) - "The team energy and fun moments were the most memorable parts of this camp. I became faster and more confident, and meeting athletes from around the world pushed me to dream bigger. My goal now is to train harder and join top-level events."

Hazar Khalaf Al-Hassoun (F/40kg/DoB:2010-01-20/Azraq) - "This camp was special because I got to learn from professional instructors and connect with athletes from different backgrounds. Through intensive training, I improved my skills and understood the value of physical preparation. Meeting other athletes boosted my motivation and gave me new training ideas. I now aim to improve my performance and achieve better results in future tournaments by focusing on the areas I need to strengthen."

Reem Mohammad Al-Ali (F/40kg/DoB:2013-01-01/Azraq) - "This camp was a valuable experience where I had the opportunity to learn directly from WT coaches and engage with athletes from diverse backgrounds. The focused and personalised training sessions helped me strengthen my skills, especially in physical preparation and combat readiness. Interacting with other athletes was motivating and gave me new perspectives on training. Moving forward, I'm determined to enhance my performance and aim for better results by addressing the specific areas I need to improve."

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Athletes - THF

Issa Al-Khalaf (M/59kg/DoB:2009-01-01/Azraq) - "The most memorable part of this camp was meeting new friends and training with an amazing team. I became stronger, faster, and more focused through the sessions."

Mohammad Al-Masri (M/50kg/DoB:2010-01-10/Zaatari) - "One of the most unforgettable experiences from this camp was training alongside athletes from different countries. Connecting with international peers motivated me to push my limits and believe in my potential. Moving forward, I aim to keep developing and one day become a champion."

Majd Yaser Al-Allw (M/37kg/DoB:2011-01-15/Zaatari) - "What stood out most during this camp was learning new Taekwondo techniques and connecting with inspiring athletes. With the guidance and support of THF coaches, I was able to build confidence and sharpen my skills."

Mohammad Yaser Al-Allw (M/55kg/DoB:2008-02-15/Zaatari) - "Training alongside athletes from various countries and picking up new skills challenged me in the best way—it was an experience I'll never forget."

Mohammad Qasim Abu Khasheet (M/55kg/DoB:2010-03-1/Azraq) - "Group training was the highlight of this camp. I got stronger and was inspired by athletes from around the world. Now, I'm motivated to keep improving."

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3. Participants - WT Coaches



Coach Jeongwoo JEON

"It was a great honor to take part in this year's camp and train such motivated young athletes. My focus was on improving their physical conditioning, as strength, endurance, and balance are essential foundations for Taekwondo performance.

The athletes showed strong commitment throughout the sessions, and it was rewarding to see their steady progress in a short period. Being able to contribute to their development and to support the future generation of Taekwondo through this meaningful program was truly fulfilling."

Coach Dongwan LEE

"During the camp, I focused on helping the athletes refine their techniques and understand the purpose behind each movement, not just the patterns themselves. We also emphasized timing, accuracy, and applying skills effectively in real situations.

The athletes showed strong dedication and energy throughout the training, which made every session meaningful. Seeing their steady progress over the course of the camp was truly rewarding, and being part of their development was a valuable experience."

4. Training Details

The camp's training program was structured into several key components to provide a balanced and comprehensive approach. Sessions were divided into Warm-up, Recreation, Technical Training, Kyorugi & Team Match, Core/Abdominal Training, and Coach Education, ensuring both athletes and coaches developed essential skills across physical, technical, and tactical areas.



WARM-UP

- Before each session, athletes performed structured interval-based warm-ups to raise their heart rate, improve blood circulation, and activate their muscles. This helped them break a sweat early and reduce the risk of injuries during training.
- These warm-ups also helped improve focus and reaction time, allowing athletes to start each session with a heightened sense of readiness.



RECREATION

- Light recreational activities and team games were included to create a relaxed atmosphere, release tension, and build camaraderie among the athletes before training.
- These moments not only lifted the athletes' spirits and fostered a sense of unity, but also promoted mental well-being and encouraged open communication, which helped create a more supportive and collaborative training environment.

4. Training Details



CORE TRAINING

- Sessions focused on strengthening the abdominal and core muscles to improve stability and overall body control, which are essential for powerful and balanced Taekwondo techniques. This also supported better balance during kicks and quicker recovery between movements.
- Exercises emphasized functional movement and endurance, helping athletes maintain posture, generate power, and reduce the risk of injury during both training and competition.



TECHNICAL TRAINING

- Sessions focused on precise kicking techniques essential for competition. Using target equipment, athletes practiced basic and advanced kicks, counterattacks, and situational drills to refine form, accuracy, and control. These drills were designed to build consistency and adaptability under competitive pressure.
- Training emphasized body mechanics, balance, and efficient power delivery, along with timing and distance management for better application during sparring.

4. Training Details



COMPETITION

- The camp included high-intensity sparring sessions designed to recreate the atmosphere of real tournaments. Athletes practiced under competitive pressure, applying techniques and strategies in match-like scenarios to improve composure, decision-making, and adaptability.
- To make the sessions more authentic, the Protector and Scoring System (PSS) was incorporated, allowing participants to experience electronic scoring in a competition-style setting.



TEAM MATCH

- Team competitions bring together 4 athletes and mixed teams include both male and female athletes. Matches are held in multiple short rounds with dynamic tag substitutions, creating fast-paced, high-energy bouts that emphasize teamwork and strategy.
- The team competition format has developed into a dynamic and enjoyable WT event. The fast-paced tag-team format delivers high energy and intensity, providing athletes with a fresh and unique competitive experience.

4. Training Details



COACH DEVELOPMENT

- A focused coach education session was held led by WT OS coaches Professor Jeongwoo Jeon and Coach Dongwan Lee. The program aimed to strengthen coaching skills through practical guidance and interactive discussion, covering key areas such as athlete focus, performance preparation, and effective training methods.
- The session emphasized real-world application, encouraging coaches to reflect on their roles and adopt updated approaches to better support athlete development and the growth of Taekwondo in the region.



PSS OPERATION

- PSS operation is an essential technical skill in Taekwondo competitions, ensuring accurate scoring and fair match management. Proper handling of the system helps maintain the flow and integrity of the matches.
- Local operators received thorough training, gaining practical experience to confidently manage the system during the camp. This hands-on experience became a valuable part of the camp's legacy, contributing to the development of local technical expertise for future competitions.

5. Azraq Refugee Camp Visit

The WT Olympic Solidarity (OS) Team took time out of the schedule on July 18 to visit the Taekwondo Humanitarian Foundation (THF) Taekwondo center in Azraq Refugee Camp, Jordan.

The visit reflects the vision of World Taekwondo President and THF Chairman, Dr. Chungwon Choue, who has championed the use of Taekwondo to support vulnerable communities by providing refugee youth with life skills and values such as confidence, respect, and hope through the work of THF.



These young refugees, many of whom have faced displacement and hardship, were met with warmth, encouragement, and a powerful message: they are not forgotten. Through engaging Taekwondo sessions, WT Olympic Solidarity coaches Professor Jeongwoo Jeon and Coach Dongwan Lee shared not just physical movements, but also core values such as respect, resilience, and self-belief.



5. Azraq Refugee Camp Visit

The connection went beyond technique. Smiles, encouragement, and moments of shared joy created an atmosphere of belonging and empowerment. For many refugee children, it was an unforgettable experience that lifted spirits and sparked dreams.

The team provided Taekwondo education and small gift. This thoughtful gesture not only added to the light-hearted and nurturing atmosphere of the visit, but also provided a small yet meaningful support to the refugee children.

This visit follows the successful Hope and Dreams Sports Festival, held at the Azraq and Zaatar camps from April 30 to May 3, 2025. That festival—World Taekwondo and THF's largest yet—featured Taekwondo alongside basketball, baseball, badminton, and handball, reinforcing their ongoing dedication to empowering refugee youth through sport.

This meaningful outreach demonstrates how World Taekwondo continues to harness the power of sport to promote peace, inclusion, and hope.



6. Sponsors

KPNP

KPNP, a leading Taekwondo equipment manufacturer, has consistently sponsored high-quality training shirts for athletes and coaches since the first OS camp last year. Their ongoing support provides functional, well-designed apparel that enhances training conditions and adds professionalism to the program.

AMOS

AMOS, a popular gummy candy brand known for its fun and creative jelly products, generously sponsored jelly snacks for the athletes and coaches participating in the camp, as well as for the children in the Azraq Refugee Camp, offering a treat especially enjoyed by the young participants and adding a cheerful touch to the program.



7. Media Coverage



Sportintern

The article titled "Support for Palestinian athletes has been one of the key points of the second Olympic Solidarity Taekwondo Camp" was published on SportIntern, highlighting the 2025 Olympic Solidarity Taekwondo Camp.

Sport Intern is a specialized media outlet focused on the Olympic Movement and global sports governance.

Sportintern

The Olympic News Digest and International Inside Sports Newsletter

Support for Palestinian athletes has been one of the key points of the second Olympic Solidarity Taekwondo Camp



Palestine NOC

The Palestine National Olympic Committee (NOC) promoted the camp through their official website and social media channels, helping to raise awareness among the public and highlighting the importance of this initiative for the development of Taekwondo in the region.



اللجنة الأولمبية الفلسطينية
Palestine Olympic Committee



Sportintern

القدس - إعلام اللجنة الأولمبية: افتتح منتخبنا الوطني للتايكواندو معسكره التدريبي الدولي، الذي ينظمه في العاصمة الأردنية عمان، ويستمر حتى الإثنين المقبل، الموافق 21 تموز الجاري، تحت إشراف نخبة من خبراء التدريب الدولي.

ويضم المعسكر أيضاً المنتخبين الأردني والعراقي، وكذلك اللاجئين في الأردن، حيث بعد النشاط محطة إعداد هامة للمشاركة المرتقبة في بطولة آسيا للأشبال والناشئين، التي ستقام في ماليزيا، نهاية الشهر الجاري.

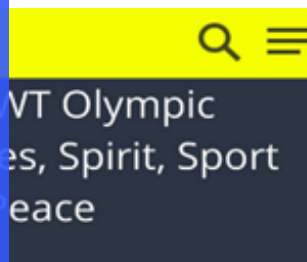
7. Media Coverage



WT News Article

The news articles and video of the camp opening ceremony and Azraq Refugee Camp Visit were promoted through WT website and SNS channel:

- <https://www.worldtaekwondo.org/wtnews/view.html?nid=142540&sc=ne&w=second>
- <https://www.worldtaekwondo.org/wtnews/view.html?nid=142564&sc=ne&w=azraq>



WT Ignites Hope for Palestine in Jordan

AMMAN, Jordan (July 13, 2025) – World Taekwondo, in partnership with the International Olympic Committee (IOC), officially launched the second Olympic Solidarity Taekwondo Camp of 2025 with an Opening Ceremony in Amman, Jordan. The camp runs from July 13 to 21 and focuses on



AMMAN, Jordan (July 18, 2025) – The **WT Olympic Solidarity (OS) Team**, currently participating in the IOC-funded Palestine Olympic Solidarity Training Camp in Amman



8. Conclusion

The WT Olympic Solidarity Camp for Palestine, held from July 13 to 21, 2025 in Amman, Jordan, mainly served as a meaningful step in fostering the growth of young Palestinian Taekwondo athletes. Organized in collaboration with the International Olympic Committee Olympic Solidarity, this camp provided valuable training opportunities that combined technical development, cultural exchange, and high-level mentorship.

Building on the objectives of the Olympic Solidarity initiative, the camp offered a vital platform for athletes to strengthen their skills and gain exposure to international standards of competition. The experience not only enhanced their technical and tactical understanding but also inspired them to set higher goals for their athletic careers.

Importantly, this year's camp has laid a strong foundation for Palestinian athletes to pursue future participation in major events such as the Dakar 2026 Youth Olympic Games and the Los Angeles 2028 Olympic Games. With continued support and development, the knowledge and experience gained during this program are expected to serve as a stepping stone toward representing Palestine on the world stage and contributing to the growth of Taekwondo within the nation.

Appendix

The Olympic Solidarity Training Programme Coaching Materials, created by WT dispatched coaches Professor Jeongwoo Jeon and Coach Dongwan Lee, are available through the following link, which was shared during the coach education session: [\[CLICK HERE\]](#) or available through the QR code below.



World Taekwondo Headquarters
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